

Sizes

To ensure the best comfort and performance for the athlete, the shirt size should match the athlete's chest measurement. Measure the chest circumference directly under the pectoral muscles.

Note: The shirt must fit tightly to work correctly. If you are between two sizes, we recommend choosing the smallest size.

Size	Chest (cm)	Chest (inches)
XS	< 77cm	< 30"
S	77 – 83cm	30" to 32"
M	84 – 91cm	33" to 36"
L	92 – 102cm	37" to 40"
XL	> 103cm	> 40"

Care

Please carefully follow the instructions on the shirt's care label.