## **Sizes**

To ensure the best quality of ECG signal, the shirt size must be aligned with the atlethes chest size.

The size must be measured under the pectorals (same position as the belt strap). Note: The Wiz HR shirt needs to fit tightly to work correctly. If stuck between sizes, we recommend you to select the smallest of the two sizes.

Size	Chest (cm)	Chest (inches)
XS	< 77cm	< 30"
S	77 – 83cm	30" to 32"
M	84 – 91cm	33" to 36"
L	92 – 102cm	37" to 40"
XL	> 103cm	> 40"

## Care

